

‘Gaining Confidence and a Growth-Mindset in Preparation for the World of Work’: RH100 Assessment Centres and Training



Team members

Rebecca Johns (Student Engagement Officer) (pictured above, second left), Matthew Searle (Head of Student Engagement) (pictured above, third left), Lucy Thomas (Student Engagement Officer) (pictured above, first left) and Stephanie Anderson (Student Transitions and Events Officer).

The RH100 Panel is a platform for students to help co-design large-scale projects within the College, enabling them to directly influence student life at the College. The newly appointed Student Engagement Team have worked to innovate the recruitment process for these panels, using it as an opportunity to prepare students for the world of work, with the hope of widening access, and growing students’ aspirations and confidence.

The team’s focus was to reward efforts towards effective critical thinking, communication, teamwork, motivation and mutual respect. Introverts and extraverts were actively considered when designing the inclusive assessment centre by ensuring a mix of networking, group tasks and one to one chats to counter and reframe the idea that assessment centres are ‘intimidating’.